

East Hants Aquatic Centre Fall Lessons 2024



Level	Sunday October 6 - December 1	Monday October 7 - December 9*	Tuesday October 8 - December 3	Wednesday October 9 - December 4	Thursday October 10 - December 12**	Saturday October 12 - December 7
P&T 1	9:00-9:35am		10:05-10:40am	4:00-4:35pm 6:05-6:40pm		8:30-9:05am
P&T 2	9:40-10:15am	4:00-4:35pm	10:45-11:20am	4:40-5:15pm		9:10-9:45am
P&T 3	10:25-11:00am	4:40-5:15pm	11:25am-12:00pm 4:40-5:15pm			
PS 1	9:40-10:15am 11:50am-12:25pm	4:00-4:35pm 5:25-6:00pm	4:00-4:35pm	4:00-4:35pm 5:25-6:00pm	4:40-5:15pm 6:05-6:40pm	9:50-10:25am 10:25-11:00am 11:55am-12:30pm
PS 2	9:00-9:35am 11:10-11:45am	4:40-5:15pm	4:40-5:15pm 5:25-6:00pm	4:40-5:15pm 6:05-6:40pm	4:00-4:35pm 5:25-6:00pm	9:10-9:45am 11:15-11:50am
PS 3	10:25-11:00am 11:50am-12:25pm	6:05-6:40pm	4:00-4:35pm 6:20-6:55pm	5:25-6:00pm	4:40-5:15pm	10:35-11:10am
PS 4	9:40-10:15am	5:25-6:00pm	4:40-5:15pm		4:00-4:35pm	8:30-9:05am 9:50-10:25am 11:55am-12:30pm
PS 5	10:25-11:00am	4:40-5:15pm		4:00-4:35pm	5:25-6:00pm	8:30-9:05am
Sw 1B	9:40-10:15am 11:10-11:45am	4:00-4:35pm 5:25-6:00pm	4:00-4:35pm 5:25-6:00pm	4:40-5:15pm 5:25-6:00pm	6:20-6:55pm	8:30-9:05am 11:15-11:50am
Sw 1A	10:25-11:00am 11:10-11:45am 11:50am-12:25pm	4:40-5:15pm	4:40-5:15pm 6:05-6:40pm 6:20-6:55pm		4:40-5:15pm	9:10-9:45am 10:35-11:10am
Sw 2	9:00-9:35am 11:10-11:45am	4:00-4:35pm 4:40-5:15pm	4:00-4:35pm 4:40-5:15pm	4:00-4:35pm 5:25-6:00pm		10:35-11:10am 11:05-11:40am
Sw 3		4:00-4:35pm 6:05-6:40pm	4:00-4:35pm 5:25-6:00pm	4:00-4:35pm 4:40-5:15pm	4:00-4:35pm	9:10-9:45am 9:50-10:25am
Sw 4		6:05-6:55pm	5:25-6:15pm	6:05-6:55pm		8:30-9:20am
Sw 5	11:40am-12:30pm		6:05-6:55pm			9:25-10:15am
Sw 6			6:05-6:55pm		6:05-6:55pm	10:35-11:25am
Sw 7						11:30am-12:20pm
Sw 8					5:25-6:15pm	
Sw 9			5:25-6:15pm			

*No lessons on October 14 | ** No lessons on October 31

Level	Sunday October 6 - December 1	Monday October 7 - December 9*	Wednesday October 9 - December 4	Thursday October 10 - December 12**	Friday October 11 - December 6	Saturday October 12 - December 7
Private	9:00-9:35am 9:40-10:15am 10:25-11:00am 11:00-11:35am 11:50am-12:25pm	5:25-6:00pm 6:05-6:40pm	4:40-5:15pm 6:05-6:40pm 6:05-6:40pm	4:00-4:35pm	4:00-4:35pm x3 4:40-5:15pm x3 5:20-5:55pm x3 6:00-6:35pm x2 6:30-7:05pm	9:50-10:25am 11:15-11:50am 11:55am-12:30pm

*No lessons on October 14 | ** No lessons on October 31

Level	Thursday October 10 - December 12**	Price Guide	
Adult 1	11:15-11:50am 4:40-5:15pm	Parent and Tot (P&T), Preschool (PS), Swimmer (Sw) 1-3	\$89.25
Adult 2	11:55am-12:30pm 5:25-6:00pm	Swimmer 4-9	\$96.08
Adult 3	12:35-1:10pm 6:05-6:40pm	Adult Lessons	\$89.25 + tax
		Adult Private Lessons	\$199.50
		Private Lessons	\$199.50
		Semi Private Lessons†	\$288.75

†Can have up to 2 participants per lesson. Participants cannot be more than one level apart.

Registration Day: August 28 at 12 p.m.

Register at easthants.perfectmind.com or call 902-758-3467 or come in-person.

If you're registering online, make sure your online profile is created and up-to-date. Please call 902-758-3467 and select option 1 if you need help creating or updating your online profile.

Inclusion Lessons

Inclusion lessons are for children who require extra support to participate in lessons.

We are currently offering two methods of Inclusion lessons:

1. One-on-one private lessons
2. Group lessons with an additional support staff

One-on-one private lessons will take place in the Lap Pool or Leisure Pool as space permits. Group lessons are assigned an additional support staff to assist your child throughout the class. If needed, the support staff can take your child one-on-one for a few moments and re-join the group when they're ready.

Those interested in registering for Inclusion lessons are required to apply. Applications for Inclusion lessons will open on August 21 at 12:00 p.m. online, in-person, or over the phone at 902-758-3467. We can accept the first thirty applicants. Once your application is submitted, our staff will be in contact within two weeks regarding program placement.

Please note: Inclusion spots are not guaranteed and space is limited. The Municipality will make every effort to accommodate as many requests as possible based on available resources. Applications will be reviewed on an on-going basis. Waitlists will be available if all spaces fill.

Available Times for Private Inclusion Lessons

If seeking a private inclusive lesson, please indicate preferred times on the intake form.

Sunday October 6 - December 1	Monday October 7 - December 9*	Wednesday October 9 - December 4	Friday October 11 - December 6	Saturday October 12 - December 7
9:00-9:35am	5:25-6:00pm	5:25-6:00pm	4:30-5:05pm 5:10-5:45pm 5:50-6:25pm 6:00-6:35pm	11:45am-12:20pm

*No lessons on October 14

[Apply for Inclusion lessons](#)

Swim Level Assessments

If you require assistance choosing a level to register in, sign up for a FREE swim level assessment! These 10 minute assessments are conducted by one of our certified swim instructors who will give you a level recommendation. Registration will open in-person and online on August 21 at 12:00 p.m.

Swim Level Assessments Schedule

Friday August 23	Saturday August 24	Sunday August 25
4:30-6:30pm	10:00am-12:00pm	4:30-5:30pm

Register for all programs at
easthants.perfectmind.com
 or call 902-758-3467



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